

SENIOR'S LUNCH PROGRAM – 55+Yrs



Lunch Served Mon – Thu 11:30am-12:45pm

\$12 Dine-In Meal

\$108 10-Meal Card

\$18 Special Lunch (*pre-registration required*)

- Meal includes a main entrée with a dessert and beverage
- Daily soup & sandwiches available (\$5.50 full sandwich, \$3.50 half sandwich, \$4.50 soup)
- \$10 Annual Lunch Program Participant card required.

LUNCH MENU

The menu could be subject to change: Thank You

August		
Mon	3	KITCHEN CLOSED FOR BC DAY
Tue	4	Butter Chicken with Rice, Vegetables and Naan Bread
Wed	5	Cod Fillets with Potatoes and Vegetables
Thurs	6	Shepherd's Pie with Vegetables
Fri	7	Hot Lunch
Sat	8	CLOSED
Sun	9	CLOSED
Mon	10	Pork Tenderloin wrapped in Bacon with Mashed Potatoes & Vegetables
Tue	11	Chicken in Alfredo Sauce with Pasta, Salad and garlic Toast
Wed	12	Beef Pot Pie with Mashed Potatoes and Vegetables
Thu	13	BBQ Ribs with Coleslaw, Baked Beans, and Roasted Potatoes
Fri	14	Hot Lunch
Sat	15	CLOSED
Sun	16	CLOSED
Mon	17	Country Sausages with Fried Onions, Potatoes and Vegetables
Tue	18	Swedish Meatballs with Rice and Vegetables
Wed	19	Baked Chicken Legs with Potatoes and Vegetables
Thu	20	Burgers Day with all the fixings!
Fri	21	Hot Lunch
Sat	22	CLOSED
Sun	23	CLOSED
Mon	24	Baked Chicken Thighs with Potatoes and Vegetables
Tue	25	Turkey Meatloaf with Potatoes and Vegetables
Wed	26	Salmon Fillets with Mashed Potatoes and Vegetables
Thu	27	Corn Beef with Steamed Potatoes and Cabbage
Fri	28	Hot Lunch
Sat	29	CLOSED
Sun	30	CLOSED
Mon	31	Hot Lunch