Monarch Newsletter December 2025

Season's Greetings



KERRISDALE SENIORS CENTRE

5851 West Boulevard Phone 604-257-8109

Hours of Operation: Seniors Centre

Monday to Friday – 9:00am – 6:00pm Saturday – 9:0am – 4:00pm Sunday – Closed

Main Centre

Monday to Friday -6:30am - 10:00pmSaturday & Sunday -9:00am - 6:00pm

25 cents



December 4th Kerrisdale Seniors Choir

December 5th Brock House Big Band

Time: 1:00 - 2:00 pm at Multipurpose/Dining Room



Seníors Councíl holíday message: Happy Holídays!!!

Wishing Everyone a Season of Caring, Warmth and Joy!!

As the new year approaches, may it be filled with Renewed Hope, Prosperity and many small Joys to brighten your days!!

Most of all, may we continue to support and celebrate each other in a spirit of Kindness and Fellowship!!!

With Warmest Regards,
The Seniors Council:

Richard, Peni, Rosemary, Wendy, Lee Ann and Gino!





October Birthday Draw Winner!

Christine Mak

Enter the monthly Birthday draw for your chance to win a free Lunch!

Entry submitted at the front desk.



90's Club! If you are 90 + you can select one program card for free: Lunch Card, Social Recreation Card, or Opera Zone Card





Holiday Sock Drive!!!

From <u>December 1 – December 17</u>, Kerrisdale Seniors Centre is accepting donations of **socks, toques, and gloves** to be donated to our friends at Carnegie Community Centre. Help bring some warmth to the Downtown Eastside this winter. New socks are one of the most requested items by Carnegie's members and can make a huge difference in preventing illness and providing much-needed comfort.

If any of our members could use some extra warmth this winter or know someone in need, please ask at the front, or simply take what you need from the donation box. We are happy to share the items with people in Kerrisdale who could use it most at this time of year.

Holiday Sock Drive box is beside the Christmas tree in the Seniors Lounge





BUS TRIP

Fully guided tours by Jason Martincic.

Prices include transportation, entrance fees and lunch. (unless stated otherwise) Please note a waiver form must be signed

Dress weather appropriate. Limited number of seats available! Additional seats may open if there is enough interest so place your name on a waitlist if the registration is full.

High Tea at Dickens Sweets & British Museum

On this trip we will be visiting a British sweets shop and museum. This venue provides the opportunity for one to relive the golden years of how the British way of life used to be.

They have the largest selection of British foods, sweets and teas in Western Canada.

Also, Fred and Anne Hails have spent many years collecting items and memorabilia to fill this museum, it is quite the sight to see.

We will also be enjoying high tea in Oliver's Tearoom (included).

Guided by Jason Martincic.

Fri 9:30 am-3:30 pm Dec 19 576498 \$95/1 sess

WINTER REGISTRATION 2026 (JAN-MAR)

In person & online: Saturday, December 6th, 9:00am

By phone: Monday, December 8th, 9:00am

Time savers will be given out at 8:00am at the Senior Centre Entrance.

All senior's program registration will take place at the Seniors Centre Desk (limited to 40% of available spots).

You may register yourself and one other person. Ensure you have all necessary information, such as name, address, phone number and birthdate for that person.

Cash, cheques, VISA/MC, AMEX and debit cards accepted.

Brochures now available in centre and online, www.kerrisdalecc.com

Refund Policy

A \$5 processing fee will be charged for all program refunds and transfers.

48 hours notice is required and there will be no refunds granted after the scheduled second class

KCCS Program Subsidy

Our recreation programs are available to all members of the community.

We welcome people on limited income to participate in the Centre's programs.

For more info, call 604.257.8100 or enquire at the front desk.

To facilitate better service, we encourage you to let us know what your support needs are in advance.

This information might be health or disability related.

Please complete an information form at the front desk when you register.

PROGRAM CARD RENEWAL – SEPT 2025/AUGUST 2026 LUNCH, SOCIAL & OPERA ZONE

Renew your 2025-2026 Program Participant Cards at front desk.

Programs requiring a \$10 registration fee:

Lunch Program and Social Recreation.

The Social Recreation program includes a broad range of free activities including, but not limited to, Mahjong, Chess, Texas hold'em poker, Bridge, Cribbage, Bingo, Table tennis, Scrabble

Program requiring a \$20 registration fee: Opera Zone

Join the Kerrisdale Seniors Council — Be Part of the Change!

Are you passionate about making a difference in your community? The **Kerrisdale Seniors Council** is inviting nominations for the upcoming election! This is your opportunity to help shape the programs, activities, and services that make the Kerrisdale Community Centre such a vibrant and welcoming place for seniors.

As a Council member, you'll work closely with Centre staff to **plan events and programs**, **build community connections**, and **encourage participation** among Senior members. Your voice matters — and your involvement can make a real impact.

Nominations open November 6, 2025, and close January 22, 2026.

Submit your nomination at the Seniors Centre front desk.

For more information and an application form, please see **Meeka Marsolais** or visit the **Seniors' Front Desk**. Join us in shaping the future of Kerrisdale's senior community — your ideas, energy, and experience make all the difference!



KERRISDALE COMMUNITY CENTRE SENIORS' COUNCIL ELECTION

Step up, share your voice, and make a difference. Nominate yourself for the Kerrisdale Seniors' Council!

- 1. Nominations open November 6, 2025
- 2. Candidate applications are available at the Seniors Centre
- 3. Submit applications to Seniors Centre, Attn: Meeka Marsolais
- 4. Deadline for submission of applications January 22, 2026
- 5. All Candidates meeting January 27, 2026
- 6. Voting dates: February 4 and 5, 2026 10:00 a.m.-3:00p.m.
- 7. Voting requirement: 2025/26 Membership card (can be picked up at Seniors Centre front desk)

SENIORS' COUNCIL MEMBERSHIP DETAILS:

Monthly meetings: Tuesdays at 1:00 p.m.

1 or 2 Year Term dependant on voting outcomes



ANGEL'S MIND MATTERS

December 2025

Have you been to Angel's Mind Matters? You are invited to join the Group and submit any topics of interest

Meets MONDAYS From 2:00 to 3:30pm



Enthusiastic Walkers DECEMBER 2025

Our group meets in the Seniors Centre every Friday morning, ready to leave at 9:30 am.

We return around 1 pm We have a waiting list at present



Dec 5	Lonsdale Quay	Bus & Seabus
Dec 12	English Bay	Bus
Dec 19	Downtown Christmas Decor	Bus
Dec 26	Local Walk	

For more information, please call: Thelma at 604 261 7828 or Maureen at 604-263-4579



December 2025

The Original Kerrisdale Seniors Singers

Have resumed their new season of song and entertainment on September 4th, 2025.

Welcome to anyone who loves to sing,

Please contact Choir Coordinator before registering: Catherine 604 228 1488

DEC 2025 Movies - Saturday & Sunday 2:00pm

Free popcorn at Saturday Movies!

Dec 6 & 7 White Christmas (1954

Bob Wallace and Phil Davis, two army buddies, become a top-notch musical comedy team after the war and are now the toast of Broadway. While on the road in Florida, the stars become involved with two aspiring singers, the sister act of Betty and Judy. Despite some romantic complications between the couples, everything ends on a happy note when Christmas Eve brings rave reviews for the show and much-needed snowfall!

Dec 13 & 14 The Grinch {Dr Seuss} (2018)

The Grinch and his loyal dog, Max, live a solitary existence inside a cave on Mount Crumpet. His main source of aggravation comes during Christmastime when his neighbours in Whoville celebrate the holidays with a bang. When the Whos decide to make Christmas bigger and brighter, the disgruntled Grinch realizes there is one way to gain peace and quiet. With help from Max, the green grump hatches a scheme to pose as Santa Claus, steal Christmas and silence the Whos' holiday cheer once and for all.

Dec 20 & 21 Elf (2003)

Buddy (Will Ferrell) was accidentally transported to the North Pole as a toddler and raised to adulthood among Santa's elves. Unable to shake the feeling that he doesn't fit in, the adult Buddy travels to New York, in full elf uniform, in search of his real father. As it happens, this is Walter Hobbs (James Caan), a cynical businessman. After a DNA test proves this, Walter reluctantly attempts to start a relationship with the childlike Buddy with increasingly chaotic results.

Dec 27 & 28 Bridget Jones' Diary (2001)

At the start of the New Year, 32-year-old Bridget (Renée Zellweger) decides it's time to take control of her life - and start keeping a diary. Now, the most provocative, erotic and hysterical book on her bedside table is the one she's writing. With a taste for adventure, and an opinion on every subject - from exercise to men to food to sex and everything in between - she's turning the page on a whole new life.

Puzzles

Puzzle Lovers!

All puzzles are now priced at \$2.00 for all sizes.

The tested puzzles will still receive stickers advising if the puzzle is complete or the number of pieces missing.

Puzzle donations of all sizes are welcome for the puzzle table in the lounge, book sales and direct purchase from the puzzle display cabinet. Please ensure your donations are secure in the box, inside a sealed plastic bag. It helps to tape the lid to the box or put an elastic around the box so pieces do not fall out. If you know any pieces are missing, please indicate on the box cover picture the number of pieces missing and the location. Donations and payment for the puzzles is accepted at the Senior Centre reception desk. Thank you for your gift of fun!

December 2025 Tuesday Morning Walkers

Our group meets in the Kerrisdale Seniors Centre,

Tuesday Morning at 9:00 am, Ready to leave at 9:30 am.

We return prior to 1pm at the latest depending on the destination

Our walks are leisurely and we take a combination of city transit buses or skytrain.

We will walk Rain or Shine so ensure you dress appropriately

Men are encouraged to join us

Must be able to walk a minimum of 3km without a break

Dec 2 nd 10:00AM	Annual Christmas Lunch (Sylvia Hotel)-	
Dec 9 th	No Walk	
Dec 16 th	Downtown Hyatt Gingerbread Display	a des
Dec 23 rd Dec 30 th	no walk for holiday season no walk for holiday season	

Change of walk meeting time to

If you are interested in joining, please call to reserve a spot Kerrisdale Seniors' Centre Front Desk Phone 604-257-8109.

What's for lunch??

Get the menu direct to your inbox! Sign up at the front desk to receive an email each month with the lunch menu.

SENIORS LUNCH PROGRAM | 55+yrs

Monday-Thursday • 11:30am-12:45pm

Days of service are subject to change

\$10 Annual Lunch Program Participant card required.

Participants may be asked to show their program card at the time of purchase.

Meal includes Entrée, dessert and beverage

Daily soup, sandwiches and desserts available.

Payment taken at Seniors' Desk, registration not required

Registration only required for Special Meals

Special Meal registration opens the same time as season registration & online

Reservations of a table can be done at the front desk

Daily menu at the seniors' reception

Monthly menu in the monthly "Monarch" for \$0.25 or www.kerrisdalecc.com

Take out option is no longer available

	Total Price (includes GST)
*Dine-In Meal Card: 10 tickets	\$105.00
Dine-In: 1 ticket	\$11.50
Dine-In (Special Meal): 1 ticket	\$15.00
Dine-In Soup & ½ Sandwich Card: 10 tickets	\$73.50
Half Sandwich	\$3.25
Full Sandwich	\$5.25
Soup	\$4.25
Dessert	\$2.75

DEC 2025 Senior's 55+Years Lunch Menu

11:30am-12:45pm

\$10 annual registration fee for Lunch Program due Sept 1, 2025

The Menu and days of service are SUBJECT TO CHANGE

Mon Tues Wed Thurs Fri	1 2 3 4 5	Banger, perogies, and vegetables Shepherd's Pie with vegetables and garlic bread Cod with White Sauce, mashed potatoes and vegetables SPECIAL LUNCH: Roasted Turkey SPECIAL LUNCH: Roasted Turkey		
Sat	6	Sun 7 CLOSED		
Mon Tues Wed Thurs	8 9 10 11	Fish & Chips with Coleslaw Pork Cutlet with mashed potatoes and vegetables Chicken thigh with mashed potatoes and vegetables Chow Mein, Sweet & Sour Pork, Chicken Chop Suey		
Fri	12	Sat 13 Sun 14 CLOSED		
Mon Tues Wed Thurs	15 16 17 18	Chicken Quesadilla, green salad, roasted potatoes Hunter Chicken breast with mashed potatoes & veg Veal cutlet with mashed potatoes and vegetables Sole with tartar sauce, mashed potatoes and veg		

Refer Page 10 for further Seniors Lunch Program details

****The Kitchen and Coffee Bar will be closed December 19 Re-opening Monday, January 5, 2026.

What's for lunch??

Get the menu direct to your inbox! Sign up at the front desk to receive an email each month with the lunch menu.

SUNDAY	MONDAY	TUESDAY	WEDNESDA Y	THURSDAY	FRIDAY	SATURDAY
	1	2	3	4	5	6
Seasonis Greetings	Start of Holiday Sock Drive!			Special Lunch Entertainmen t: Kerrisdale Seniors' Choir	Special Lunch Entertain ment: Brock House Big Band	Movie & Free Popcorn: White Christmas Ukulele Ensemble Winter Concert! Bell Ringers Concert NO SOCIAL DANCE
7	8	9	10	11	12	13
Movie: White Christmas Opera Zone & More! Simply Band Holiday Concert	Phone Registration for Winter 2026 programs begins at 9am			Free Workshop: Your Voice, Your Song, Your Workshop 597792		Movie & Free Popcorn: The Grinch (Dr Seuss)
Movie: The Grinch (Dr Seuss) Hanukkah: Dec 14th - 22nd	15	Kwanzaa: Dec 16 to January 1	17	Sock Drive pick up!	Bus Trip: High Tea at Dickens Sweets Kitchen & Coffee Bar closed until January 5th Holiday Cards Workshop	Movie & Free Popcorn: Elf

21	22	23	24	25	26	27
Movie: Elf Winter Solstice, shortest day of the year	No Lunch & Coffee Bar closed until January 5th		Christmas Eve, Kerrisdale Seniors' Centre hours: 9am – 4pm.	Merry Christma s!! MRRY CHRISTMAS Kerrisdale Community Centre closed	Boxing Day Kerrisdale Seniors' Centre hours: 9am – 4pm.	Movie & Free Popcorn: Bridget Jones' Diary
28	29	30	31	January 1		
Movie - Bridget Jones' Diary			New Year's Eve Kerrisdale Seniors' Centre hours: 9am – 4pm. New Year's Day: 9am – 4pm	Happy New Year!	Refer pages 18/19 for on- going Social Programs	DECEM BER 2025

Concert for All Ages



There is going to be opera arias, art songs, pop, a Chinese song and Elvis hits!

First Sunday of Every Month December 7th 2:00 pm - 4:00 pm

Location: Seniors' Multipurpose Room



Suggestion box is open for suggestions!
Found at Seniors' Centre front desk. Please be honest and kind.



BOOK SALES DECEMBER 11th

The hours are 9:30 - 12:30

This sale is your last chance to buy our special books and puzzles for Christmas gifts.

Our tables are groaning with your favorite authors and titles.

Our January dates will be announced in the January Monarch.

Thank you to all the book donors and buyers this year. Our fall sales are excellent and the quality of the donations attest to that.

Wishing you a Happy Holiday from the book and puzzle team!

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Saturday, December 6th, 2025 @ 2:00 PM in the KCC Senior Centre

Join us for a warm and uplifting afternoon of music to brighten the winter season!

Adapted Fitness - *New Instructor*

Join Adapted Fitness program to meet Zohreh and tell her about your health & Fitness goals!

Tuesdays 1:30 pm 582165

SENIORS GROUP FITNESS

Rates	Seniors	Adult
Drop-In	\$6.00	\$7.00
Fit Card 10 Classes	\$41.00	\$51.50

Tuesday/Thursday/Friday/Saturday • Gentle Fit & Mild Mod Low Impact

A complete workout featuring options for performing all exercises on chairs. Our goal is to promote unaided mobility through gentle cardiovascular exercise.

Tue	10:30am-11:30am	on-going	Instructor: Audrey Darling
Thu	9:00am-10:00am	on-going	Instructor: Isobel Willard
Fri	9:00am-10:30am	on-going	Instructor: Sarah Groberman
Sat	10:00am-11:00am	on-going	Instructor: Audrey Darling

Help Us Help You!

Please Update or Fill in a SENIORS CENTRE REGISTRATION FORM.

The medical and emergency information you provide is important for us in the event of an unforeseen situation



SOCIAL RECREATION PROGRAMS

A Social Recreation Card is required to participate in the following activities.

This annual card can be purchased at the front desk for \$10 (valid September 2025-August 2026)

Venue for programs is the Seniors' Lounge unless specified at activity

Billiards/Snooker

Enjoy our billiards room with two pool tables. On-going drop-in play available. Mon/Wed • 9:00am-12:15pm, 3:00pm-9:00pm Tues/Thurs/Fri • 9:00am-9:00pm Sat/Sun • 9:00am-6:00pm

Angel's Mind Matters

Join us for lively discussions of various topics. Discussion topic will be presented at

each session.

Mon 2:00pm - 3:30pm

Table Tennis

Have fun and exercise with friends. Tables are located in the seniors' centre and in the youth games room. Youth room table tennis is reserved for youth after 3 pm daily and all day on weekends. Additional times may be available throughout the week.

Please call or visit the seniors' centre on day of play for room availability.

Thu 2:30pm-4:30pm

Bingo

Spend a pleasant afternoon with friendly seniors.

Try your luck, maybe you will be a winner!

Fri 1:00pm-3:30pm

Bridge

No partners required. Please drop-in and play with a fun and friendly group. Always looking for new players. For people who have played bridge before, \$0.25/session

M/W 12:30pm-3:00pm

Chess

Join us for a friendly game of Chess! On-going drop-in program.

Mon 1:30pm-3:30pm

Mah Jong

Come and learn this Chinese game about numbered and pictured tiles. Great for the mind, all levels welcome. No registration required. Held in Seniors' Lounge.

Wed

9:00am-12:00pm

Scrabble

Join us for a friendly game of Scrabble! On-going drop-in program.

Wed

1:00pm-3:00pm

Texas Holdem Poker

You have seen it on TV and on the computer, now is the chance to play it at the Kerrisdale Seniors Centre, Seniors' Lounge.

This program is for players of all levels and ages looking for fun and excitement.

Tu

5:30pm-9:00pm

VIDEO MOVIES

Movie is subject to change due to availability

Come and enjoy a movie shown on a large screen TV.

Movie titles will be posted monthly in the Monarch newsletter.

Free Popcorn on Saturdays!

Sat / Sun

2:00pm-4:30pm South Room

Saturday Social Dance

Social Dance is back! Time to dust off those dancing shoes! Come and join this fun and relaxed group!

\$2 drop in or \$15/10 visit card

Sat 4:00 pm-6:00 pm

On-going Multipurpose Room

Knit A Bit & More

This social group is for everybody who likes to knit, sew, crochet, embroider and quilt.

 $\label{lower} \textit{Join us on Mondays at 1:00pm-3:00pm for two hours of friendship and productivity in a relaxed atmosphere.}$

Ladies may bring their own projects to work on and share ideas.

In addition to being a fun, social group, the ladies of Knit-a-Bit give of their time and skills to create items for sale at Mary's Corner on Thursdays.

For more information, please join us on Monday.

Mon

1:00pm-3:00pm

Craft Room On-going

Monarch Submissions

Deadline for submissions to the **January issue** of the **Monarch** is **December 15**

If you have anything to submit, please hand it in at the Kerrisdale Seniors' desk.

We were generously donated a Backgammon set
Bring your Social Recreation card to the seniors' front desk and borrow it to play
a game!!



Yarn Crafters Corner! (formerly Mary's Corner)

Visit us in the Seniors Lounge
Every Thursday at 10:am to 2:00pm
All handcrafted articles for sale are made by Volunteers and Friends
of the Monday Knitting Group

Purchases can be made and paid for at Reception Desk

Do you have Jewelry you no longer wear or need? We Need Jewelry donations for the Boutique The Boutique would love to hear from you

Please contact the seniors' desk at 604.257.8109



Seniors Programs at a Glance, Sept to Dec 2025
Please note: programs marked with * require a fee to join. Take time to check all the additional programs and relevant time changes

Monday

Open Times Billiards	9:00am-12:30pm
*Brock House/Kerrisdale Bell Ringers	9:15am-12:00pm
*Tai Chi 24 Form	11:30am-12:30am
*Tai Chi 48 Form Part 3	9:30am-10:30am
*Bridge: Beginners Plus	10:30am-12:30pm
*Yoga for the Older Adult	10:30am-11:45am
Ladies Bridge	12:30pm-3:00pm
Knit a Bit & More	1:00pm-3:00pm
Chess	1:30pm-3:30pm
Angels Mind Matters	2:00pm-3:30pm
Open Times Billiards	3:30pm-9:00pm
Kerrisdale Ukulele Ensemble	6:30pm-8:00pm

Tuesday

8:00am-12:00am
9:00am-9:00pm
9:00am-1:00pm
9:30am-10:30am
10:30am-12:00pm
10:30am-11:30am
10:30am-11:30am
11:00am-12:00pm
11:00am-12:00pm
11:30am-12:30pm
12:15pm-3:15pm
1:30pm-2:30pm
1:30pm-2:45pm
1:30am-3:30pm
1:00pm-3:00pm
2:00pm-3.30pm
5:30pm-9:30pm

Wednesday

Open Times Billiards	9:00am-12:15pm
*Yuan Ji Dance	9:00am-11:00am
Cribbage	9:00am-12:00pm
Mah Jong	9:00am-12:00pm
*Gentle Fit Advanced	10:30am-11:30am
*Chorisma Vocal Jazz Choir	11:00am-1:00pm
Ladies Bridge	12:30pm-3:00pm
Bridge Practice Drop-in	12:30pm-2:45pm
Scrabble	1:00pm-3:00pm
*Osteofit for Life	1:20pm-2:20pm
*Brock House/Kerrisdale Bell Ringers	1:30pm-3:00pm
*Joint Works	2:30pm-3:30pm
Open Times Billiards	3:30pm-9:00pm
*Tap Happy Beginner Plus	4:00pm-5:00pm
*Tap Happy Beginner	4:00pm-5:00pm

Thursday

Open Times Billiards	9:00am-9:00pm
*Osteofit Level 1	9:00am-10:00am
*Kerrisdale Senior Singers Choir	9:30am-12:00pm
Mary's Corner	10:00am-3:00pm
*Gentle Fit	9:00am-10:00am
*Gentle Fit	10:30am-11:30am
*Neurofit	1:15pm-2:00pm
*Yuan Ji Dance	12:45pm-2:45pm
Table Tennis	2:30pm-5:30pm
*International Ballroom Dancing Various	3:00pm-4:55pm

The Thursday socials are now starting earlier than 1:30pm. Please arrive at 1pm to get a seat and enjoy the music at the Thursday Socials!

Upcoming: Thursday, December 4 & Friday, December 5

5:30pm-6:30pm

8:00am-11:00am
9:00am-9:00pm
9:00am-10:00am
9:00am- 1:00pm
9:00am-10:00am
9:30am-10:30am
10:05am-10:55am
10:15am-11:00am
10:15am-12:00pm
1:00pm-3:30pm
9:00am-1:30pm
1:20pm-2:20pm
1:30pm-2:30pm
2:30pm-3:30pm
1:45pm-3.15pm
2:30pm-3:30pm
3:30pm-4:30pm
4:15pm-5:15pm

Saturday

*BCRPA – Active Age

Open Time Billiards	9:00am-6:00pm
*Saturday Gentle Fit	10:00am-11:00am
*You Can Ukulele: Levels 1,2 &3. 3 sessions	10:00am- 1:45pm
Movie of the Week	2:00pm-4:30pm
*Saturday Social Dance	4:00pm-6:00pm

<u>Sunday</u>

Open Time Billiards	9:00am-6:00pm
Video Movie of the Week	2:00pm-4:30pm

Sudoku

Sudoku is easy to play and the rules are simple. Fill in the blanks so that each row, each column and each of the nine boxes contain one of each of the numbers 1 through 9. Puzzle difficulty: **Easy** and **Medium.**

7	6				1			5
	1		8					
			8 9	6				7
					3	2		
5	2							
5 8 6	7			1				6
6		8			5	9		
	4						3	2
9			7					2

2				8			1
				1	3 9	2	
	3	4	6		9		
			7	4			
					2	9	4
	6		9			3	
9			1		6		
	2			5			
					1		

November Solutions

3	1	6	9	2	7	4	5	8
8	7	4	5	1	3	9	2	6
2	5	9	6	4	8	3	7	1
4	3	8	7	5	9	1	6	2
5	6	1	8	3	2	7	4	9
9	2	7	1	6	4	8	3	5
1	4	5	3	8	6	2	9	7
6	9	3	2	7	1	5	8	4
7	8	2	4	9	5	6	1	3

5	3	6	8	4	7	1	2	9
9	7	8	2	5	1	3	4	6
4	2	1	9	3	6	8	5	7
6		2		7	8		3	1
1	8	9	5		3		7	2
3	4	7	1	9	2	5	6	8
7	1	4		2	9	6	8	5
2	9	3	6	8	5	7	1	4
8	6	5	7	1	4	2	9	3

Sudoku Puzzles courtesy of Livewire Puzzles www.puzzles.ca