

# *Monarch Newsletter*

## *August 2025*



**Celebrate B.C. Day**

### **KERRISDALE SENIORS CENTRE**

5851 West Boulevard

Phone 604-257-8109

#### **Hours of Operation: Seniors Centre**

Monday to Friday – 9:00am – 6:00pm

Saturday – 9:00am – 4:00pm

Sunday – Closed

#### **Main Centre**

Monday to Friday – 6:30am – 10:00pm

Saturday & Sunday – 9:00am – 6:00pm

**25 cents**



### June Birthday Draw Winner!

**Clancy Wilson**

Enter the monthly birthday draw for your chance to win a free lunch!  
Entry submitted at the front desk.



### Note from Meeka

Summer continues as we head into August! How have you been enjoying the warm and sunny weather? This month we have some things to look forward to, and some things that just need to be done!

Starting with those pesky things, unfortunately the kitchen will be closed for approximately two weeks to accommodate for some maintenance. We will miss hosting you for lunch throughout that time, and we thank you for your understanding while we complete this necessary maintenance work.

Looking ahead to the fall season, program registration opens on August 9. Thank you all for being so welcoming as I get settled here at the Kerrisdale Seniors Centre – I have really enjoyed getting to know you!



### *August Social Entertainment*

*August 28th*

*Sheryl Greenfield*

**Time: 1:30 - 2:30 pm at Multipurpose/Dining Room**


# DROP - IN BINGO!

Play Drop-in Bingo in these three easy steps:

- Participate in drop-in programs
- Have a seniors' centre staff stamp your card after each drop-in
- Give your name / telephone number to seniors' staff, for each vertical, horizontal or diagonal line completed

Each completed line entered to win a draw for a drop - in FREE LUNCH

Please ask at the seniors' centre desk if you have any questions about our drop-in programs or this fun new activity!

<b>B</b>	<b>I</b>	<b>N</b>	<b>G</b>	<b>O</b>
Come buy a book or donate one to our Book Box	Attend a drop-in group fitness class	Drop into the exercise room	Pop by a Tap class for some toe tapping	Come play drop-in billiards 55+
Set up a hearing screening session	Watch our free Sat or Sun movie	Have lunch with a friend	Attend Saturday's Social Dance	Check out Friday's Classical Chinese Dance
Come try a drop in Yuan Ji Dance	Play around during an Open Gym time		Chime in on a Angel's Mind Matters session	Come by and play Scrabble
Try out our Tues poker program	Come by with a friend for a game, cards, chess, etc.	Play Wednesday Cribbage or join Friday Bingo	Try out a drop in Gentle Fit class	Bang a drum with our Fri drumming group
Borrow our equipment to play table tennis	Check out Tuesday morning's K3 happenings	Join no-instructor Bridge (aka Ladies Bridge), Mon or Wed	Buy a goodie or hot drink from our Coffee Bar	Dance the afternoon away at Saturday Social Dance

## BUS TRIP



Fully guided tours by Jason Martincic.

Prices include transportation, entrance fees and lunch. (unless stated otherwise) **Please note a waiver form must be signed**

**Dress weather appropriate.** Limited number of seats available! Additional seats may open if there is enough interest so place your name on a waitlist if the registration is full.

## Birds of Prey Exhibition & Lunch

Raptors Ridge offers groups a rare and unique opportunity to view Birds of Prey through a true educational experience. We will be having an informative session learning about the raptor world by promoting the identification of raptors, their natural habitat and habits associated with their surroundings. Following the Raptors we will be heading to the Kingfisher Waterfront Bar and Grill.

Lunch is included on this trip.

Wed	9:30am-3:30pm	Aug 13	564260	\$95/1 sess
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Book donations are accepted and are to be deposited in the blue bin to the right of the Senior Centre doors.

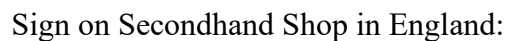
Puzzle donations can be given to the reception staff.

The books in the bin and the bookcase beside the bin can still be bought by payment at the reception desk.

The white brochures on top of the bin provide the information that helps you to sort your books for your donations to our future sales

*Please donate your used Xmas Cards to Fun Crafts  
Last Season's postal strike has left our supplies critically LOW!*

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*The Seniors Council works to make the Seniors Centre a place where members can enjoy physical, mental, and social activities in an atmosphere which encourages involvement and companionship.*

### **Update from Seniors Council Chairman Richard Dopson**

#### **Pay Parking**

The Kerrisdale Community Society board met with Park Board commissioner Tom Digby on June 25th.

Discussion ensued regarding the concerns expressed at a previous meeting.

I expressed my viewpoint that pay parking is a 'cash grab' with minimal benefit to Seniors.

Board members supported the importance of socialization for Kerrisdale Seniors. Pay parking would negatively impact the lunch program, volunteers, and those who are involved in classes for physical and mental exercise.

Offering exemptions would result in minimal financial benefit.

A request was expressed for a follow up open community meeting with Park Board representatives and all community members

'If you don't seek the opinion of all those involved...you won't make the right decision'

#### **Kitchen**

At the June 25 meeting I expressed what Seniors wanted - lunch service 5 days each week - protein, mashed potatoes with gravy plus vegetables, plus coffee/tea and choices of desserts.

Seniors wish the Coffee Bar service to be open 6 days each week.

Financing issues are the main concern with costs of food and staffing. Hiring staff and alternative service models are on the agenda for the July 25 Kitchen Management Committee meeting.

#### **New Tables and Chairs**

The Seniors Council made a decision to replace the furniture that was donated by St. Mary's Kerrisdale Anglican Church in 1985.

Lee-Anne MacPherson took the lead on this three month project - researching furniture companies - testing over a dozen chairs. Kudos to Lee-Anne for ensuring delivery mid-July.

Thanks to Rosemary Cryer for creating a plaque that will be placed on the wall stating:

"This furniture was graciously provided by the legacy fund designated for the

KCC Seniors lunch program.

"In gratitude for the life of Barbara Eveline Burman 1926 -2023"

#### **New Lighting over the Puzzle Table**

After 25 years of discussion and concern, a bright new lamp was installed over the puzzle table.

Thanks to a senior's request, input from Wendy Trant and ordering by Peni Martel.



## **ANGEL'S MIND MATTERS**

**AUGUST 2025**

**Meets MONDAYS From 2:00 to 3:30pm**

Meeting in the South Room to share opinions on various topics.

Different Topics will be presented each Monday and voted on by those attending for discussion



### **Enthusiastic Walkers AUGUST 2025**



**Our group meets in the Seniors Centre  
every Friday morning, ready to leave at 9:30 am.**

**We return around 1 pm We have a waiting list at present**

Aug 1	Nelson Park Neighbourhood	Bus
Aug 8	Lonsdale Quay	Bus & Seabus
Aug 15	Greenway to W.57 th Avenue	
Aug 22	North Side False Creek	Bus
Aug 29	Local	

For more information, please call: Thelma at 604 261 7828  
or Maureen at 604-263-4579

## **August 2025 Movies – Saturday & Sunday 2:00pm**

### **Aug 2/3     Pretty Woman (1990)**

Edward is a rich, ruthless businessman who specializes in taking over companies before selling them off piece by piece. He travels to Los Angeles for a business trip and decides to hire a prostitute. They take a liking to each other and he offers her money if she'll stay with him for an entire week while he makes the "rich and famous" scene (since it doesn't do for a man of his stature to be alone at society parties and polo matches). Romantic comedy (and complications) ensue.

### **Aug 9/10     The Devil Wears Prada (2006)**

With an aspiration to become a journalist, Andy, a smart but sensible young graduate, travels to New York. She starts working as an assistant to one of the city's biggest high fashion magazine editors, the cynical Miranda Priestly.

### **Aug 16/17     When Harry met Sally (1989)**

Harry and Sally first meet as they finish college in Chicago and spend 18 hours together in a car headed to New York. They don't quite hit off, particularly after Harry opines that a man and a woman can never be just friends because he'll always want to have sex with her. Over the next 10 years, they occasionally meet and soon do in fact become fast friends. They share the intimate details of their lives - hopes, dreams, failures and successes - and in the process also fall in love. It's not evident that they will be able to sustain their relationship once they sleep together however

### **Aug 23/24     Chef (2014)**

A head chef quits his restaurant job and buys a food truck in an effort to reclaim his creative promise, while piecing back together his estranged family.

### **Aug 30/31     Erin Brockovich (2000)**

Erin Brockovich (Roberts) is a single mother of three who, after losing a personal injury lawsuit, asks her attorney, Ed Masry (Albert Finney), if he can help her find a job. Ed gives her work as a file clerk in his office, and she runs across some information on a little-known case filed against the Pacific Gas and Electric Company. Erin begins digging into the particulars of the case, convinced that the facts simply don't add up, and persuades Ed to allow her to do further research; she eventually discovers a systematic cover-up of the industrial poisoning of a city's water supply, which threatens the health of the entire community.

### **Tuesday Morning Walkers**

Our group meets in the Kerrisdale Seniors Centre,  
Tuesday Morning at 9:00 am,                      Ready to leave at 9:30 am.

We return prior to 1pm at the latest depending on the destination

Our walks are leisurely and we take a combination of city transit buses or skytrain.

We will walk Rain or Shine so ensure you dress appropriately

Men are encouraged to join us

**Must be able to walk a minimum of 3km without a break**

Aug 5th              Maple Grove Park

Aug 12th            No walk

Aug 19th            Langara Golf Course

Aug 26th            Stanley Park



If you are interested in joining, please call to reserve a spot  
Kerrisdale Seniors' Centre Front Desk      Phone 604-257-8109.





### **Puzzles**

#### **Puzzle Lovers!**

All puzzles are now priced at \$2.00 for all sizes.

The tested puzzles will still receive stickers advising if the puzzle is complete or the number of pieces missing.

Puzzle donations of all sizes are welcome for the puzzle table in the lounge, book sales and direct purchase from the puzzle display cabinet. Please ensure your donations are secure in the box, inside a sealed plastic bag. It helps to tape the lid to the box or put an elastic around the box so pieces do not fall out. If you know any pieces are missing, please indicate on the box cover picture the number of pieces missing and the location. Donations and payment for the puzzles is accepted at the Senior Centre reception desk. Thank you for your gift of fun!

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>AUGUST 2025</b>					<b>1</b>	<b>2</b>
					Access One Tech Help 10:30am-1:00pm Bingo 1:00-3:00pm Enthusiastic Walkers	Movie: <b>Pretty Woman</b>  Social Dance
<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>
Movie: <b>Pretty Woman</b>  <b>Opera Zone</b>	<b>BC DAY</b> Angel's Mind Matters Knit a Bit & More Chess 1:30pm-3:30pm Bridge 12:30pm-3:00pm	<b>Tuesday Walkers</b> Texas <u>Holdem</u> Poker  <b>K3</b>	Mah Jong 9:00am-12:00pm <b>Scrabble 1:00 to 3:00pm</b>  Bridge 12:30pm-3:00pm	<b>Table Tennis</b>	Access One Tech Help 10:30am-1:00pm Bingo 1:00-3:00pm Enthusiastic Walkers	Movie: <b>The Devil Wears Prada</b>  Social Dance
<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b>	<b>15</b>	<b>16</b>
Movie: <b>The Devil Wears Prada</b>	Angel's Mind Matters  Knit a Bit & More Chess 1:30pm-3:30pm Bridge 12:30pm-3:00pm	Texas <u>Holdem</u> Poker  <b>K3</b>	Mah Jong 9:00am-12:00pm <b>Scrabble 1:00 to 3:00pm</b>  Bridge 12:30pm-3:00pm	<b>Table Tennis</b>	Access One Tech Help 10:30am-1:00pm Bingo 1:00-3:00pm Enthusiastic Walkers	Movie: <b>When Harry Met Sally</b>  Social Dance
<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b>	<b>21</b>	<b>22</b>	<b>23</b>
Movie: <b>When Harry Met Sally</b>	Angel's Mind Matters  Knit a Bit & More Chess 1:30pm-3:30pm Bridge 12:30pm-3:00pm	<b>Tuesday Walkers</b> Texas <u>Holdem</u> Poker  <b>K3</b>	Mah Jong 9:00am-12:00pm <b>Scrabble 1:00 to 3:00pm</b>  Bridge 12:30pm-3:00pm	<b>Table Tennis</b>	Access One Tech Help 10:30am-1:00pm Bingo 1:00-3:00pm Enthusiastic Walkers	Movie: <b>Chef</b>  Social Dance
<b>24 / 31</b>	<b>25</b>	<b>26</b>	<b>27</b>	<b>28</b>	<b>29</b>	<b>30</b>
Movie <b>Chef</b>  <b>31</b> Movie... <b>Erin Brockovich</b>	Angel's Mind Matters  Knit a Bit & More Chess 1:30pm-3:30pm Bridge 12:30pm-3:00pm	<b>Tuesday Walkers</b> Texas <u>Holdem</u> Poker  <b>K3</b>	Mah Jong 9:00am-12:00pm <b>Scrabble 1:00 to 3:00pm</b>  Bridge 12:30pm-3:00pm	 <b>Social: Sheryl Greenfield</b>  Mary's Corner Table Tennis	Access One Tech Help 10:30am-1:00pm Bingo 1:00-3:00pm Enthusiastic Walkers	Movie: <b>Erin Brockovich</b>  Social Dance

### Monarch Submissions

Deadline for submissions to the **September issue** of the  
**Monarch is August 20th**

If you have anything to submit, please hand it in at the Kerrisdale  
Seniors' desk.

**KITCHEN CLOSED August 5 tentatively scheduled to re-open August 18.**  
**There will be no lunch service or Coffee Bar during the closure.**

### SENIORS LUNCH PROGRAM | 55+yrs

Monday-Thursday • 11:30am-12:45pm

\$10 Annual Lunch Program Participant card required.

Participants may be asked to show the program card at the time of purchase.

Meal includes Entrée, dessert and beverage

Daily soup, sandwiches and desserts available.

Pre-registration not required — only required for Special Meals

Special Meal registration opens the same time as season registration.

Reservations of a table can be done at the front desk

Daily menu at the seniors' reception

Monthly menu in the monthly "Monarch" for \$0.25 or [www.kerrisdalecc.com](http://www.kerrisdalecc.com)

Take out option is no longer available

	Total Price (includes GST)
*Dine-In Meal Card: 10 tickets	\$105.00
Dine-In: 1 ticket	\$11.50
Dine-In (Special Meal): 1 ticket	\$15.00
Dine-In Soup & ½ Sandwich Card: 10 tickets	\$73.50
Half Sandwich	\$3.25
Full Sandwich	\$5.25
Soup	\$4.25
Dessert	\$2.75

**AUGUST 2025 Senior's 55+Years Lunch Menu**

11:30am-12:45pm

\$10 annual registration fee for Lunch Program due Sept 1 2025

**The Menu and days of service are SUBJECT TO CHANGE****Fri 1 to Sun 17 CLOSED FOR MAINTENANCE****Tentative re-opening August 18**

Mon	18	Turkey cutlet with potato and vegetables
Tues	19	Cod with White Sauce, potatoes and vegetables
Wed	20	Chicken Breast Teriyaki with rice and vegetables
Thurs	21	Pork Chop with mushroom and onions, potatoes and vegetables
Fri	22	CLOSED
Sat	23	CLOSED
Sun	24	CLOSED
Mon	25	Turkey Cutlet with potatoes and vegetables
Tues	26	Beef Meat Loaf with potatoes and vegetables
Wed	27	Sole, tartar sauce with potatoes and vegetables
Thurs	28	Beef lasagna with garlic bread and salad

**Refer Page 12 for further Seniors Lunch Program details****Help Us Help You!**Please Update or Fill in a **SENIORS CENTRE REGISTRATION FORM.**

The medical and emergency information you provide is important for us in the event of an unforeseen situation

## FALL REGISTRATION 2025 (SEP-DEC)

**In person & online: Saturday, August 9 th, 9:00am**

**By phone: Monday, August 11 th, 9:00am**

**Time savers will be given out at 8:00am at the Senior Centre Entrance.**

All senior's program registration will take place at the Seniors Centre Desk (limited to 40% of available spots).

You may register yourself and one other person. Ensure you have all necessary information, such as name, address, phone number and birthdate for that person.

Cash, cheques, VISA/MC, AMEX and debit cards accepted.

Brochures now available in centre and online, [www.kerrisdalecc.com](http://www.kerrisdalecc.com)

### Refund Policy

A \$5 processing fee will be charged for all program refunds and transfers.

48 hours notice is required and there will be no refunds granted after the scheduled second class

### KCCS Program Subsidy

Our recreation programs are available to all members of the community.

We welcome people on limited income to participate in the Centre's programs and services.

For more info, call 604.257.8100 or enquire at the front desk.

To facilitate better service, we encourage you to let us know what your support needs are in advance.

This information might be health or disability related.

Please complete an information form at the front desk when you register

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## PROGRAM CARD RENEWAL – SEPT 2025/AUGUST 2026

### LUNCH, SOCIAL & OPERA ZONE

Renew your 2025-2026 Program Participant Cards at front desk.

**Programs requiring a \$10 registration fee:** Lunch Program and Social Recreation.

*The Social Recreation program includes a broad range of free activities including, but not limited to, Mahjong, Chess, Texas hold'em poker, Bridge, Cribbage, Bingo, Table tennis, Scrabble*

**Program requiring a \$20 registration fee: Opera Zone**

## **SOCIAL RECREATION PROGRAMS**

*A Social Recreation Card is required to participate in the following activities.*

***This annual card can be purchased at the front desk for \$10***

***(valid September 2025-August 2026)***

**Venue for programs is the Seniors' Lounge unless specified at activity**

<b>Billiards/Snooker</b>	
Enjoy our billiards room with two pool tables. On-going drop-in play available.	<b>Mon/Wed • 9:00am-12:15pm, 3:00pm-9:00pm</b> <b>Tues/Thurs/Fri • 9:00am-9:00pm</b> <b>Sat/Sun • 9:00am-6:00pm</b>
	

**Angel's Mind Matters** Join us for lively discussions of various topics. Discussion topic will be presented at each session.

### **Table Tennis**

Have fun and exercise with friends. Tables are located in the seniors' centre and in the youth games room. Youth room table tennis is reserved for youth after 3 pm daily and all day on weekends. Additional times may be available throughout the week.

Please call or visit the seniors' centre on day of play for room availability.

**Thu 2:30pm-4:30pm**

### **Bingo**

Spend a pleasant afternoon with friendly seniors.

Try your luck, maybe you will be a winner!

**Fri 1:00pm-3:30pm**

### **Bridge**

No partners required. Please drop-in and play with a fun and friendly group. Always looking for new players. For people who have played bridge before, \$0.25/session

**M/W 12:30pm-3:00pm**

### **Chess**

Join us for a friendly game of Chess! On-going drop-in program.

**Mon 1:30pm-3:30pm**

**Mah Jong**

Come and learn this Chinese game about numbered and pictured tiles. Great for the mind, all levels welcome. No registration required. Held in Seniors' Lounge.

**Wed 9:00am-12:00pm**

**Scrabble**

Join us for a friendly game of Scrabble! On-going drop-in program.

**Wed 1:00pm-3:00pm**

**Texas Holdem Poker**

You have seen it on TV and on the computer, now is the chance to play it at the Kerrisdale Seniors Centre, Seniors' Lounge.

This program is for players of all levels and ages looking for fun and excitement.

**Tu 5:30pm-9:00pm**

**VIDEO MOVIES**

*Movie is subject to change due to availability*

Come and enjoy a movie shown on a large screen TV.

Movie titles will be posted monthly in the Monarch newsletter.

**Sat / Sun 2:00pm-4:30pm South Room**

**Saturday Social Dance**

Social Dance is back! Time to dust off those dancing shoes! Come and join this fun and relaxed group!

**\$2**

**drop in or \$15/10 visit card**

**Sat 4:00 pm-6:00 pm On-going Multipurpose Room**

**Knit A Bit & More**

This social group is for everybody who likes to knit, sew, crochet, embroider etc.

Join us on Mondays at 1:00pm – 3:00pm for two hours of friendship and productivity in a relaxed atmosphere.

Ladies may bring their own projects to work on and share ideas.

In addition to being a fun, social group, the ladies of Knit-a-Bit give of their time and skills to create items for sale at Mary's Corner on Thursdays.

For more information, please join us on Monday.

**Mon 1:00pm-3:00pm Craft Room On-going**

## Concert for All Ages

### The Opera Zone –

*Beloved famous Arias and Songs by Gerard Satamian  
and other Talented Artists*

*First Sunday of Every Month      August 3<sup>rd</sup>  
2:00 pm - 4:00 pm*

**Location: Seniors' Multipurpose Room**

Note: \$20 Annual Opera Zone Card and pre-registration to event day is required



### *MARY'S CORNER!*

Visit us at Mary's Corner in the Seniors' Lounge  
Every Thursday at 10:00am to 2:00pm  
All handcrafted articles for sale are made by Volunteers and Friends  
of the Monday Knitting Group

**Closed on August 7th, 14th and 21st**  
**Purchases can be made and paid for at Reception Desk**

*Do you have Jewelry you no longer wear or need?*  
*We Need Jewelry donations for the Boutique*  
*The Boutique would love to hear from you*

Please contact the seniors' desk at 604.257.8109



## Seniors Programs at a Glance, July to August 2025

Please note: programs marked with \* require a fee to join.

Take time to check all the additional programs and relevant time changes

### Monday

Open Times Billiards	9:00am-12:15pm
*Adapted Fitness	10:00am-11:00am
*Tai Chi 24 Form	10:30am-11:30am
*Tai Chi 48 Form Part 3	9:30am-10:30am
*Neurofit	10:15am-10:55am
*Qigong	11:30am-12:30am
*Gentle Mat Pilates & Stretch	2:45pm-3:30pm
Ladies Bridge	12:30pm-3:00pm
*Pilates Barre Fusion	1:00pm-2:00pm
Knit a Bit & More	1:00pm-3:00pm
Chess	1:30pm-3:30pm
Angels Mind Matters	2:00pm-3:30pm
Open Times Billiards	3:30pm-9:00pm

### Tuesday

*UBC Bodyworks Changing Aging	7:30am-10:30am
Open Times Billiards	9:00am-9:00pm
Tuesday Walkers	9:00am-1:00pm
*Gentle Fit	10:30am-11:30am
K3	11:00am-12:00pm
Fun Crafts	1:00pm-3:00pm
*Yuan Ji Dance	2:00pm-4:00pm
Texas Holdem Poker	5:30pm-9:30pm

### Wednesday

Open Times Billiards	9:00am-12:15pm
*Yuan Ji Dance	9:00am-11:00am
Mah Jong	9:00am-11:30pm
*Gentle Fit Advanced	10:30am-11:30am
Ladies Bridge	12:30pm-3:00pm
Bridge Practice Drop-in	12:30pm-2:45pm
Scrabble	1:00pm-3:00pm
*Latin Dance All Levels	1:30pm-2:30pm
Open Times Billiards	3:30pm-9:00pm
*Tap Happy Beginner Plus	4:00pm-5:00pm
*Tap Happy Beginner	4:00pm-5:00pm

**Thursday**

Open Times Billiards	9:00am-9:00pm
*Osteofit Level 1	9:00am-10:00am
Kerrisdale Senior Singers Choir	9:30am-12:00pm
Mary's Corner	10:00am-3:00pm
*Gentle Fit	9:00am-10:00am
*Gentle Fit	10:30am-11:30am
*Minds in Motion	10:15am-11-45am
*Neurofit	1:15pm-2:00pm
*Thursday Socials	1:30pm-2:30pm
Table Tennis	2:30pm-5:30pm

**Friday**

*UBC Bodyworks Changing Aging	7:30am-10:30am
Open Times Billiards	9:00am-9:00pm
Enthusiastic Walkers	9:00am- 1:00pm
*Gentle Fit	9:00am-10:00am
*Yuan Ji Dance	10:15am-12:00pm
Access One – Free Tech Help	10:30am – 1:00pm
*Bingo	1:00pm-3:30pm
*Footcare	9:45am-2:00pm
*Tai Chi Set 24 for Beginners	1:30pm-2:30pm
Open Drumming Circle	1:45pm-3.15pm
*Tai Chi/Kung Fu Fan Set	2:35pm-3:35pm
*Health Qigong	3:40pm-4:40pm

**Saturday**

Open Time Billiards	9:00am-6:00pm
*Saturday Gentle Fit	10:00am-11:00am
Video Movie of the Week	2:00pm-4:30pm
*Saturday Social Dance	4:00pm-6:00pm

**Sunday**

Open Time Billiards	9:00am-6:00pm
*Yuan Ji Dance	9:00am-11:00am
Video Movie of the Week	2:00pm-4:30pm

**Sudoku**

Sudoku is easy to play and the rules are simple. Fill in the blanks so that each row, each column and each of the nine boxes contain one of each of the numbers 1 through 9. Puzzle difficulty: **Easy** and **Medium**.

					7			1
9	3		4					
				9	6	7		
					5			2
1					8			
		3	9	4		8	6	
3	9		8					
				7		9		5
5		4	2	6				

	1		7				4	
9			8	3				
2								5
					5			4
					3			
6				4		2		
		6					3	2
7		2				8		
8						6		

### July Solutions

6	7	9	8	3	1	4	5	2
4	5	8	7	6	2	9	3	1
3	1	2	4	9	5	6	7	8
2	6	3	5	4	8	7	1	9
5	4	1	9	2	7	8	6	3
8	9	7	3	1	6	2	4	5
7	2	4	1	8	3	5	9	6
9	3	6	2	5	4	1	8	7
1	8	5	6	7	9	3	2	4

6	4	1	7	5	2	8	9	3
9	5	3	6	8	4	2	1	7
8	2	7	9	1	3	5	4	6
7	6	4	8	2	5	9	3	1
3	8	5	4	9	1	6	7	2
1	9	2	3	7	6	4	5	8
2	7	8	1	4	9	3	6	5
4	1	6	5	3	8	7	2	9
5	3	9	2	6	7	1	8	4