GAME READY SPORTS CAMPS

There will be an athlete gift, t-shirt/bag or hat with each camp.

Game Ready Basketball All Stars Coed 8-11 yrs

This high energy camp stresses basic offensive and defensive skills, as well as offensive play patterns. This program will also offer treats and incentives in addition to contests, tournaments, and fun competitions.

M-F 1:15 pm-4:45 pm Jul 09-Jul 13 ▶167775 \$185/5 sess Tu-F 1:15 pm-4:45 pm Aug 07-Aug 10 ▶167776 \$148/4 sess

Instructor: Dino Geremia & Ivan Lekic

Game Ready Basketball Elite Coed 11-14 yrs

In this fast-paced camp, offensive and defensive skills will be emphasized. A variety of drills will sharpen mental and physical skills. This advanced elementary camp is for children wanting the recipe for becoming a successful player. Drills, contests, and tournaments will teach the competitive focus necessary for high level performance.

M-F 1:15 pm-4:45 pm Jul 09-Jul 13 ▶167777 \$185/5 sess Tu-F 1:15 pm-4:45 pm Aug 07-Aug 10 ▶167778 \$148/4 sess Instructor: Dino Geremia & Ivan Lekic

Game Ready Crazy Sports Multi-Sport 6-12 yrs

This is a multiple sport co-ed fun-filled starter camp with focus on Basketball, Volleyball, and Soccer skills. The goal is to introduce physical skills that can be used for all sports as well as concepts of team and sportsmanship. Many games, relays, and coordination skills will be covered. Incentives and treats will be part of the program. A fun competitive Sports Day will be held on the final day.

M-F 10:30 am-1:00 pm Jul 23-Jul 27 ▶170652 \$150/5 sess M-F 1:30 pm-4:00 pm Aug 20-Aug 24 ▶167779 \$150/5 sess Instructor: Dino Geremia Game Ready Volleyball All Stars Coed 8-11 yrs

All the basic skills for the volleyball beginner will be covered in this camp including setting, bumping and serving. Good team organization will also be developed. Fun and motivation, along with games and tournaments, will be a big part of the program.

M-F 1:00 pm-4:30 pm Jul 23-Jul 27 ▶170653 \$185/5 sess M-F 1:15 pm-4:45 pm Aug 13-Aug 17 ▶167780 \$185/5 sess

Instructor: Dino Geremia & Amanda Matsui

Game Ready Volleyball Elite Coed 11-14 yrs

In this camp, all of the skills necessary for success on the volleyball court will be developed. High intensity drills will challenge youth to improve their play. Treats, incentives, and fun will motivate the participants to work hard. Competitions and tournaments will be part of this advanced program. Introductory play systems will be covered along with spike hit progressions.

M-F 1:00 pm-4:30 pm Jul 23-Jul 27
▶170654 \$185/5 sess
M-F 1:15 pm-4:45 pm Aug 13-Aug 17
▶167781 \$185/5 sess
Instructor: Dino Geremia & Amanda

Matsui



 $\begin{array}{c} \text{Vancouver Public Library} \\ www.vpl.ca \end{array}$

Vancouver Public Library

Motion Commotion! (6-12 yrs)

Register for Summer Reading Club at any Vancouver Public Library branch, and join us for fun programs all summer long!

Dates and times at: http://ow.ly/CTe3h

ARI

Watercolor for

Youth 12-18 yrs

Explore the world of watercolour painting. This program is for youth who want to learn how to use water, paper, colour and brushes to create an endless variety of tones in their paintings. Supplies are not included, supply list available upon registration. www.atashzad.com

Tu 5:30 pm-7:00 pm Jul 03-Aug 14 ▶167842 \$98/7 sess Instructor: M. Reza Atashzad

EDUCATION

Red Cross Babysitting 11-16 yrs

This course is a nationally recognized program designed to prepare your growing teen to develop self-assurance, knowledge, and skills required for babysitting duties and when caring for themselves alone.

 Su
 9:30 am-4:30 pm
 Jul 15

 ▶168720
 \$65/1 sess

 Su
 9:30 am-4:30 pm
 Aug 19

 ▶168722
 \$65/1 sess

 Instructor: Community Care First Aid



Vancouver Public Library www.vpl.ca

Vancouver Public Library

Teen Advisory Group

The Kerrisdale Branch's Teen Advisory Group (TAG) meets one Thursday a month. Come join our TAG! If you're between the ages of 13-18 and would like to share your opinion on our teen programs, services, and/or collections, then TAG is for you! Drop-in to check it out before signing up. All time spent on TAG events counts towards community service hours. For more information, contact teens@vpl.ca.

Children's Martial Arts See page 21.





SPORTS

Badminton 13-18 yrs

There is no formal instruction, but the instructor will advise on playing and rules. Racquets are provided or bring your own. Drop-in players allowed, space permitting: \$4.

5:00 pm-7:00 pm Jul 04-Aug 29 \$31.50/9 sess 167427 Instructor: Richard Tai

Basketball Drop-in 13-18 yrs

Drop-in for friendly games of pick up basketball. Participants are required to sign in at the front desk before playing and supply their own basketballs. A KCC Membership is required. NEW: Sign up ahead of time and get 9 sessions/\$9 or drop-in \$1.50/session.

7:00 pm-9:30 pm Jul 06-Aug 31 167420 \$9/9 sess

Instructor: Raymond Siu

JUN 8

Youth Volunteer Orientation



13-18 yrs

Learn about opportunities and work with staff and other volunteers making a safe and fun community. We will play some games and discuss volunteering opportunities at the centre. Registration required.

5:00 PM-6:00 PM

June 8

Ballet Choreography NEW 12-16 yrs Camp

Come and enjoy this fun and expressive dance class that gets you to really dance! Each class will begin with a guick barre and centre to warm up, followed by choreography that the group will learn throughout the week. At the end, students will get a chance to hone their own creative skills! This class is perfect for students who want to move! Please come to class wearing tight stretchy clothing such as ballet tights, leotard, leggings, or tank tops. Ballet shoes are required.

M-F 3:45 pm-4:45 pm Aug 27-Aug 31 167937 \$45/5 sess Instructor: Miranda Kyle

Ballet Technique **NEW**



Come and enjoy this ballet technique class that will focus greatly at establishing clean technique, building strength and flexibility, and expanding your ballet vocabulary. This class is great for those getting ready to go back to dance class after the summer or newer students that are open to a challenge. Miss Miranda always teaches with humour and fun so that every student is comfortable with trying something new. Please come to class wearing tight stretchy clothing such as ballet tights, leotard, leggings, or tank tops. Ballet shoes are required.

Aug 27-Aug 31 2:45 pm-3:45 pm 167936 \$45/5 sess Instructor: Miranda Kyle

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ALL AGES

AAA Karate, Butokukan Style

Fun fitness for mind and body. Develop balance, concentration, and confidence in a safe environment. This is an ongoing karate program. Students may register directly into this program or complete the New Member Special program first, and register for the ongoing program at a pro-rated fee rate to continue. For more info, call 604 299-5061. No class Aug 6.

Advanced 5-12 yrs M Th 6:30 pm-7:30 pm Jul 9-Aug 23 168824 \$156/13 sess Novice/Intermediate M Th 5:30 pm-6:30 pm Jul 9-Aug 23 168823 \$156/13 sess **New Member Special** Jul 9-Jul 19 M Th 5:30 pm-6:30 pm 168820 \$39/4 sess All Levels 13-18 yrs M Th 6:30 pm-8:00 pm Jul 9-Aug 23 168825 \$156/13 sess M Th 6:30 pm-8:00 pm Jul 9-Jul 19 168821 \$39/4 sess All Levels 19+yrs 168827 \$163.80/13 sess M Th 6:30 pm-8:00 pm Jul 9-Jul 19 168822 \$40.95/4 sess

Jiu Jitsu 13+yrs

Instructor: Harry Charalambous

This class is offered exclusively to KenShinDojo Kickboxing students and includes a 40% discount. Learn the essential techniques such as takedowns, chokeholds, joint-locks and immobilization. Suitable for men & women of all fitness levels. No drop-ins.

www.KenShinDojo.ca

Sa 2:00 pm-3:00 pm Jul 07-Aug 25 168126 \$88/8 sess Instructor: Bahman Ebrahim